

December 2017

Archdiocese of Galveston-Houston

BREAKFAST



We Transform the World!

**CATHOLIC
SCHOOLS**

THE ARCHDIOCESE OF GALVESTON-HOUSTON



Child Nutrition Department: P: 713.391.2624

Online Application: www.schoolmealapp.com

Online Account/Payment: www.schoolmealapp.com

Reduce: .30¢ Paid: \$2.00

Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

Tuesday

Wednesday

Thursday

Friday



*Menus are subject
to
change without notice*



MINI FRENCH TOAST OR
CEREAL
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

1

POPART OR
CEREAL OF THE DAY
PANCAKE --PK
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

4

MINI KOLACHE OR
CEREAL OF THE DAY
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

5

PANCAKES OR
CEREAL OF THE DAY
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

6

BISCUIT SAUSAGE OR
CEREAL
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

7

BREAKFAST PIZZA OR
CEREAL
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

8

MUFFIN OR
CEREAL
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

11

MINI CINNIS OR
CEREAL
PANCAKE --PK
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

12

BREAKFAST PIZZA OR
CEREAL
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

13

PANCAKES OR
CEREAL
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

14

MINI FRENCH TOAST OR
CEREAL
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

15

POPART OR
CEREAL OF THE DAY
PANCAKE --PK
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

18

MINI KOLACHE OR
CEREAL OF THE DAY
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

19

PANCAKES OR
CEREAL OF THE DAY
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

20

BISCUIT SAUSAGE OR
CEREAL
FRUIT OF THE DAY
JUICE OF THE DAY
MILK VARIETY

21

22

HAPPY HOLIDAYS

25

HAPPY HOLIDAYS

26

HAPPY HOLIDAYS

27

HAPPY HOLIDAYS

28

HAPPY HOLIDAYS

29

HAPPY HOLIDAYS